



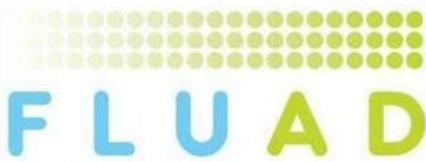
Newsletter

New Flu Jab for the Over 65s

The NHS recommends people **born before 1st April 1954** should be offered the newly

licensed jab called **Fluad**, which gives better immunity to this age group. It has an added ingredient designed to create a stronger immune response. This is important for elderly people, because their immune systems are often weaker and respond less well to some vaccines.

Under 65s in at risk groups, including pregnant women, will be given the quadrivalent vaccine (QIV) by the NHS for the 2018-19 flu season.



Eastwood Primary Care Centre will be offering both of the NHS recommended vaccinations to its patients.

Surgery Flu Jab Clinics

Saturday Flu Jab Clinics Dates:

29th September 2018 8.00am—12.00pm

13th October 2018 8.00am—12.00pm

Please book your appointment to ensure you receive the appropriate jab (we have a certain number of jabs available at each clinic due to deliveries). You will be given a 15 minute time slot in which to attend. You can

- Telephone
- Visit the surgery
- Email us at noweccg.c84032@nhs.net.

We will confirm your time slot.

Support your practice

Have the Flu Jab done here at the Surgery



All staff come in specially on Saturdays to help deliver the flu jab service to our patients. The vaccination is entered into the patient's medical notes for completeness of the healthcare records. If you do have the jab done at a chemist or elsewhere, please let us know. We do not often receive this information to update your medical record.

Check which vaccine you are being given if you do have the flu jab elsewhere. You may not be offered Fluad (if you are 65 or over). Fluad is the recommended jab for this age group but there is limited availability nationwide.



You Said... We Did...

You said "I can't get an urgent appointment..."

Actually you can! We've changed the service so that every request for an urgent appointment is triaged by a GP. The GP will allocate treatment in the most appropriate manner regarding the need—that may be to give the patient an appointment with a GP, an Advanced Nurse Practitioner, a nurse or any other health care professional. It may be to give advice, a prescription or a routine appointment. The doctor is assigning the most appropriate care for the condition.



"I can't see the doctor of my choice..."

You can! The service now allows you to make a routine appointment with the GP of your choice in the Planned Care Centre (Church Walk). All the doctors have clinics at both sites over the week so the receptionist will be able to advise you when your preferred GPs are available for routine appointments.



Who can have a NHS Flu Jab?

You are entitled to a free NHS flu jab if you suffer from:

- A chronic condition (eg Diabetes, respiratory problems, heart/kidney/liver disease, weak immune system, Parkinson's etc)
- Are aged 65 years and over
- Are Pregnant
- Are overweight with a BMI of 35 or more
- Or are a Carer



People die of Flu every year.
The flu jab saves lives.

Ordering Prescriptions

Community pharmacies are NOT able to order your prescription for you.

This is to ensure safe, responsible and efficient issuing of medication to prevent unnecessary medicines waste, improve safety and give you more control of your medication.



There are various ways in which you can order medications. For example:

- Order online
- Via SystmOnline App (ask Surgery for username/password)
- At the Surgery
- By Post

We cannot take prescription requests over the phone. Please note that your nominated pharmacy can continue to collect and deliver your prescription. Speak to your chemist about this.

Online Registration

You can now use the internet to:

- Request repeat prescriptions for any medications you take regularly
- Book appointments with a GP
- Look at your medical record online.

Being able to see your record online might help you to manage your medical conditions. It also means that you can even access it from anywhere in the world should you require medical treatment on holiday.



You will have access to the following parts of your medical record:

- Allergies
- Medications
- Immunisations
- Consultations
- Test results (that have been requested by the GP, not hospital)

If you would like to access this facility, pick up a leaflet and request a username and password from the Surgery.

Prescription Orders

A new way to get your medicines...

When you order prescriptions from us at the Surgery, we can send them directly to a pharmacy of your choosing (electronically).

- This means you do not have to come to the Surgery every time to pick up a prescription. This will save you time.
- You will have more choice where you get your medicines from because they can be collected from a pharmacy near to where you live, work or shop.
- You may not have to wait as long at the pharmacy as there will be time for your repeat prescriptions to be ready before you arrive.
- You can change or cancel where you have your prescription sent to at any time. Just tell your Practice or a pharmacy.



Ask your Practice or your preferred pharmacy to add your nomination for you.

Non-NHS Services & Charges

Please be aware that some services provided by the Practice are not NHS services and are **not free of charge**. A fee is payable for holiday cancellation forms, some letters, certificates/statements, forms, reports etc.



The fee does not go to the GP personally. It goes towards the running costs of the Practice as this is not part of our NHS services.

Please ask at reception for more details regarding our charges.

Opening Hours

Monday 7.00am—7.30pm Church Walk site

Monday 8.00am—6.30pm Church Street site

Tuesday 7.00am—6.30pm Church Walk site

Tuesday 8.00am—6.30pm Church Street site

Wednesday 7.00am—6.30pm Church Walk site

Wednesday 8.00am—6.30pm Church Street site

Thursday 8.00am—6.30pm Church Walk site

Thursday 8.00am—6.30pm Church Street site

Friday 8.00am—6.30pm Church Walk site

Friday 8.00am—6.30pm Church Street site

We are reintroducing weekend opening hours again later in the year. Further updates to follow...

